

Bike Course Ironman Zurich Switzerland, powered by ewz

Km		Height	Place	Description
1st lap	2nd lap			
0.0	89.1	409	Zürich	start Landiwiese
1.6	90.7		Zürich	direction City, General Guisan Quai, turn right direction Rapperswil
2.4	91.5	409	Zürich	Bellevue, Uto-Quai, Bellerive-Strasse
5.3	94.4		Zollikon	sign, Seestrasse
7.0	96.1	412	Küsnacht	sign, Seestrasse
10.0	99.1		Erlenbach	sign, Seestrasse
12.4	101.5		Herrliberg	sign, Seestrasse
13.3	102.4	410	Feldmeilen	sign, Seestrasse
15.7	104.8	409	Meilen	sign, Seestrasse
16.1	105.2		Meilen	after traffic divider change to other lane
16.2	105.3	407	Meilen	ferry
17.5	106.6	413	Obermeilen	sign, Seestrasse
18.8	107.9		Uetikon a/See	sign, Seestrasse
19.5	108.6	412	Männedorf	sign, Seestrasse
23.0	112.1	411	Stäfa	sign, Seestrasse
24.7	113.8	412	Kehlhof (Stäfa)	sign, Seestrasse
26.2	115.3	413	Uerikon (Stäfa)	sign, Seestrasse
28.7	117.8	417	Feldbach	sign, Oberschirmensee
28.9	118.0	418	Feldbach	traffic circle, turn left direction Hombrechtikon, Feldbachstrasse
30.0	119.1	449	Hombrechtikon	sign, Feldbachstrasse
30.1	119.2	450	Hombrechtikon	turn right slightly, direction Rüti, Etzelstrasse
31.0	120.1	489	Hombrechtikon (Tobel)	turn right, bus stop, direction Wolfhausen, Rütistrasse
31.8	120.9	500	Wolfhausen	sign, Landstrasse, all straight
32.2	121.3	502	Wolfhausen	traffic circle, straight
33.3	122.4	509	Wolfhausen	turn left, direction Bubikon, Bubikonerstrasse
39.9	129.0	516	Bubikon	sign, Wolfhauserstrasse
34.6	123.7	527	Bubikon	turn left, direction Grüningen, Dorfstrasse
34.8	123.9	512	Bubikon	turn left, direction Grüningen, Ufgantstrasse/Grüningerstrasse
36.9	126.0	535	Herschmettlen	sign, Dürntenerstrasse
39.2	128.3	494	Grüningen	villige limit
39.4	128.5	492	Grüningen (Itzikon)	turn left, direction Itzikon, follow Itziker Dorfstrasse, attention 30 zone
40.9	130.0	501	Grüningen	turn left, Binzikerstrasse
41.2	130.3	509	Grüningen (Binzikon)	turn left, Hotel Adler, Hombrechtikerstrasse
42.6	131.7	520	Herrgass	straight
43.6	132.7	520	Hombrechtikon	sign, Grüningerstrasse
44.2	133.3	499	Hombrechtikon	turn right, direction Stäfa, Lächlerstrasse (infront of restaurant Krone)
			Wisental	Lächlerstrasse
			Ghei	Lächlerstrasse/Aberenstrasse
			Redlikon	Aberenstrasse
46.1	135.2	525	Stäfa	sign, Aberenstrasse

47.3	136.4	484	Stäfa	turn right, Bergstrasse, attention at the intersection
47.4	136.5	488	Stäfa	turn left, Allenbergstrasse
47.9	137.0	491	Stäfa (Üelikon)	Allenbergstrasse
48.6	137.7	487	Männedorf	sign, Allenbergstrasse
49.5	138.6	484	Männedorf	traffic circle, straight direction Uetikon a/See, Aufdorfstrasse
50.9	140.0	463	Männedorf	turn right, Tramstrasse
51.1	140.2	465	Uetikon a/See	sign, Tramstrasse
51.4	140.5	458	Uetikon a/See	traffic circle, straight in direction Meilen, Tramstrasse
51.9	141.0	450	Uetikon a/See	turn right to Bergstrasse
52.0	141.1	451	Uetikon a/See	turn right in direction Uster, Oetwil a/See, Bergstrasse
52.7	141.8	498	Meilen (Grüt)	turn right in direction Uster
53.1	142.2	530	Uetikon a/See	sign
55.0	144.1	642	Oetwil a/See	turn left, direction Uster, Meilenerstrasse
55.9	145.0	600	Ausservollikon	sign, Meilenerstrasse
57.3	146.4	551	Egg	sign, Meilenerstrasse
58.0	147.1	536	Egg	turn left, direction Zürich/Uster/Forch
58.6	147.7	547	Hintereg	sign, Forchstrasse
60.0	149.1	600	Neuhaus (Egg)	sign, Forchstrasse
61.3	150.4	643	Scheuren	Forchstrasse
61.7	150.8	670	Forch	sign, Forchstrasse,
62.2	151.3	680	Forch	turn left, direction Herrliberg, Hohrütistrasse
62.3	151.4	680	Forch, aid station	aid station
64.2	153.3	685	Küsnacht	turn right, direction Küsnacht (direction sign) Wurzbrunnenstrasse
65.4	154.5	657	Limberg (Küsnacht)	sign
65.7	154.8	647	Limberg (Küsnacht)	turn left, direction Küsnacht, Limbergstrasse
65.8	154.9	650	Limberg (Küsnacht)	turn right, direction Küsnacht, Limbergstrasse, attention Abfahrt
67.6	156.7	550	Küsnacht	Bergstrasse (sign)
69.5	158.6	428	Küsnacht	Alte Landstrasse
69.8	158.9	428	Küsnacht	traffic circle, turn left Oberwachtstrasse
70.1	159.2	420	Küsnacht	attention tunnel
70.3	159.4	412	Küsnacht	turn right Seestrasse, (traffic sign)
72.0	161.1	412	Zollikon	sign
73.7	162.8	412	Zürich	sign
76.6	165.7	409	Zürich, Bellevue	General Guisan-Quai, direction Luzern
77.4	166.5		Zürich	General Guisan-Quai, turn left Mythen-Quai, direction Chur/Wollishofen
79.0	168.1	409	Zürich	Landiwiese
79.7	168.8		Zürich	Mythen-Quai, traffic sign, Seestrasse, Rote Fabrik
80.7	169.8		Kilchberg	sign, Seestrasse
82.2	171.3	410	Kilchberg	traffic sign, turn right direction Adliswil, Dorfstrasse, upwards
82.3	171.4	416	Kilchberg	turn left, direction Adliswil, Sihltal
82.6	171.7	432	Kilchberg	intersection Dorf-/Böndler-/Weinbergstrasse, straight, upwards
83.1	172.2	460	Kilchberg	intersection Dorf-/Mönchhofstrasse, direction Adliswil, upwards, Heartbreak-Hill

83.3	172.4	487	Kilchberg	intersection Dorf-/Alte Landstrasse, turn left, Alte Landstrasse, downwards, Heartbreak-Hill, aid station
83.5	172.6	481	Kilchberg	turn left, alte Landstrasse, attention sleeper, jug killer
83.9	173.0	473	Rüschlikon	sign, Alte Landstrasse
84.3	173.4	457	Rüschlikon	turn left, Bodengasse, direction Thalwil, downwards
84.4	173.5	447	Rüschlikon	STOP, turn left, Nidelbadstrasse, downwards
85.0	174.1	420	Rüschlikon	Bahnhofstrasse, traffic sign, turn left, Seestrasse, direction Kilchberg
85.1	174.2	412	Kilchberg	sign, Seestrasse
87.4	176.5	410	Zürich	sign
87.5	176.6	409	Zürich	Mythen-Quai, traffic sign, straight
89.1	178.2	409	Zürich	Landiwiese